



Healthy Transformation® Protein Shake

Form: Powder

Flavor: Vanilla

Size: 10 Servings

Healthy Transformation™ Protein Shake is a high quality, high protein shake mix. Protein is essential in any nutritional regimen, regardless of age or activity level. The vanilla and chocolate flavors are delicious when mixed with water alone, and can also be used as a foundation for a variety of shake recipes.

Ingredient	Amount	% Daily Value
Serving Size	2 Scoops (36 g)	
Servings Per Container	10	
Calories	130	
Total Fat	1 g	1%
Cholesterol	10 mg	3%
Sodium	30 mg	1%
Total Carbohydrate	12 g	4%
Total Sugars	2 g	
Includes 2g Added Sugars	2 g	4%
Sugar Alcohol	3 g	
Protein	20 g	40%
Calcium	100 mg	8%
Potassium	200 mg	4%
Not a significant source of saturated fat, Trans fat, dietary fiber, vitamin D, and iron		

diet. Your Daily Values may be higher or lower depending on your calorie needs.

NOTICE: For weight reduction, use only as directed in the Healthy Transformation diet plan found at metagenics.com/healthytransformation. Do not use in diets supplying less than 400 Calories per day without medical supervision.

WARNING: Consuming this product can expose you to chemicals including lead, which are known to the State of California to cause cancer and birth defects or other reproductive harm. For more information go to www.P65warnings.ca.gov/food

Ingredients: Whey protein isolate (milk), isomaltoligosaccharide, erythritol, gum acacia, olive oil, sunflower lecithin, natural flavors,[†] xanthan gum, silica, guar gum, and rebaudioside a (from stevia rebaudiana leaf extract). **Contains: Milk**

Directions: Blend, shake, or briskly stir 2 scoops (36 g) of Protein Shake into 8 fluid ounces of chilled water.

This product is non-GMO and gluten-free.

Tamper Evident: Do not use if safety seal is missing or broken.

Storage: Keep tightly closed in a cool, dry place.

[†]No MSG

*Percent Daily Values are based on a 2,000 calorie