



## Mag L-Threonate

### Designed to Help Support Cognitive Health\*

**Form:** Capsules

**Flavor:**

**Size:** 120 Capsules

**Mag L-Threonate** features magnesium L-threonate as Magtein®, designed to help support cognitive health. Magnesium, a divalent cation, is important for neuronal activity as it binds to neurotransmitter receptors and is a co-factor for neuronal enzymes.\*

| Ingredients                          | Amount Per Serving      | % Daily Value |
|--------------------------------------|-------------------------|---------------|
| Serving Size                         | 2 Capsules <sup>†</sup> |               |
| Servings Per Container               | 60                      |               |
| <b>Per Serving (2 Capsules)</b>      |                         |               |
| Magnesium (as magnesium L-threonate) | 98 mg                   | 23%           |
| Magnesium L-Threonate <sup>††</sup>  | 1.3 g                   | *             |
| <b>Per Serving (3 Capsules)</b>      |                         |               |
| Magnesium (as magnesium L-threonate) | 147 mg                  | 35%           |
| Magnesium L-Threonate <sup>††</sup>  | 2 g                     | *             |

<sup>†</sup>Vegetarian capsule

<sup>††</sup>Magtein™ is a trademark of Magceutics, Inc. and is distributed exclusively by AIDP, Inc. Magtein® is protected under US patents 8,178,118; 8,142,803; 8,163,301; and other pending patents

**Other Ingredients:** Capsule (hydroxypropylmethylcellulose), microcrystalline cellulose, stearic acid (vegetable), and silica.

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**Directions:** Take three capsules in divided doses daily: one capsule in the morning and two capsules two hours before sleep as a dietary supplement, or as directed by your healthcare practitioner.

**This product is non-GMO, gluten-free, and vegetarian.**

**Caution:** Do not use if pregnant or nursing. Consult your healthcare practitioner if taking diuretics, antibiotics, or medications for osteoporosis. Keep out of the reach of children.

**Storage:** Keep tightly closed in a cool, dry place.

\*Daily Value not established.