



MyoCalm® Muscle Relaxation Formula*

Form: Tablets

Flavor:

Size: 60 Tablets

MyoCalm® is a specialized formula that supplies bioavailable forms of calcium and magnesium that play a role in muscle contraction and relaxation. These minerals are blended with passionflower and valerian for added relaxation support.*

Ingredients	Amount Per Serving	% Daily Value
Serving Size	2 Tablets	
Servings Per Container	30	
Calcium (as calcium lactate)	50 mg	4%
Magnesium (as magnesium citrate)	100 mg	24%
Passionflower (<i>Passiflora incarnata</i>) Flower 5.5:1 Extract	40 mg	*
Valerian (<i>Valeriana officinalis</i>) Root Extract	20 mg	*

*Daily Value not established.

Other Ingredients: Microcrystalline cellulose, cellulose, croscarmellose sodium, stearic acid (vegetable), silica, and coating (hypromellose, medium-chain triglycerides, and hydroxypropylcellulose).

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Directions: Take two tablets up to three times daily or as directed by your healthcare practitioner.

This product is non-GMO, gluten-free, and vegetarian.

Caution: If pregnant or nursing, or taking medication, consult your healthcare practitioner before use. Use with caution when driving or operating machinery; may cause drowsiness. Keep out of the reach of children.

Tamper Evident: Do not use if safety seal is missing or broken.

Storage: Keep tightly closed in a cool, dry place. Do not refrigerate.