



## PhytoMulti®

### Redefine Your Health Potential\*

**Form:** Tablets

**Flavor:**

**Size:** 60 Tablets

**PhytoMulti®** takes you beyond basic wellness support. It has a proprietary blend of 13 concentrated extracts and phytonutrients with scientifically tested biological activity to support cellular health and overall wellness.\*

For more information: [PhytoMulti.com](http://PhytoMulti.com)

| Ingredient                                                        | Amount Per Serving | % Daily Value |
|-------------------------------------------------------------------|--------------------|---------------|
| Serving Size                                                      | 2 Tablets          |               |
| Servings Per Container                                            | 60                 |               |
| Total Carbohydrate                                                | <1 g               | <1%*          |
| Dietary Fiber                                                     | <1 g               | 2%*           |
| Vitamin A (50% from mixed carotenoids and 50% as retinyl acetate) | 3,000 mcg          | 333%          |
| Vitamin C (as ascorbic acid and ascorbyl palmitate)               | 120 mg             | 133%          |
| Vitamin D (as cholecalciferol)                                    | 1000 IU            | 125%          |
| Vitamin E (as d-alpha tocopheryl succinate)                       | 67 mg              | 447%          |
| Vitamin K (as phytonadione)                                       | 120 mcg            | 100%          |
| Thiamin (as thiamin mononitrate)                                  | 25 mg              | 2,083%        |
| Riboflavin                                                        | 15 mg              | 1,154%        |
| Niacin (as niacinamide and niacin)                                | 50 mg              | 313%          |
| Vitamin B <sub>6</sub> (as pyridoxine HCl)                        | 25 mg              | 1,471%        |
| Folate (as calcium L-5-methyltetrahydrofolate) <sup>†</sup>       | 1,360 mcg DFE      | 340%          |
| Vitamin B <sub>12</sub> (as methylcobalamin)                      | 200 mcg            | 8,333%        |
| Biotin                                                            | 500 mcg            | 1,667%        |
| Pantothenic Acid (as calcium D-pantothenate)                      | 75 mg              | 1,500%        |
| Choline (as choline bitartrate)                                   | 25 mg              | 5%            |
| Iodine (as potassium iodide)                                      | 150 mcg            | 100%          |
| Magnesium (as magnesium citrate)                                  | 40 mg              | 10%           |
| Zinc (as zinc citrate)                                            | 15 mg              | 136%          |
| Selenium (as selenium aspartate)                                  | 100 mcg            | 182%          |
| Copper (as copper citrate)                                        | 1 mg               | 111%          |

|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |         |      |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------|------|
| Manganese (as manganese citrate)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | 0.5 mg  | 22%  |
| Chromium (as chromium polynicotinate)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | .200 mc | 571% |
| Molybdenum (as molybdenum aspartate complex)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | 50 mcg  | 111% |
| Proprietary Phytonutrient Blend of:                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |         |      |
| Citrus bioflavonoid complex [standardized to 45% hesperidin], green coffee bean extract [standardized to 45% chlorogenic acid], pomegranate whole fruit extract [standardized to 43.2 mg gallic acid equivalents (GAE)], grape seed extract [standardized to 85% oligomeric proanthocyanidins], blueberry (Vaccinium spp.) fruit extract [standardized to 20% total polyphenols and 15% anthocyanins], green tea leaf extract [standardized to 60% catechins and 40% EGCG], bitter melon fruit extract, prune skin extract [standardized to 50% polyphenols], watercress aerial parts 4:1 extract, Chinese cinnamon (Cinnamomum cassia) bark powder, Indian gum Arabic tree bark and heartwood extract [standardized to 6% catechins], rosemary extract [standardized to 7.6% min sum of carnosol+carnosic acid], artichoke leaf extract [containing cynarin and chlorogenic acid] |         |      |
| Myo-Inositol                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | 25 mg   | **   |

|                                                      |       |    |
|------------------------------------------------------|-------|----|
| Resveratrol (from Polygonum cuspidatum root extract) | 10 mg | ** |
| Lutein                                               | 6 mg  | ** |
| Lycopene                                             | 6 mg  | ** |
| Zeaxanthin                                           | 2 mg  | ** |

**Other Ingredients:** Microcrystalline cellulose, croscarmellose sodium, cellulose, stearic acid (vegetable), silica, and coating [hypromellose, medium-chain triglycerides, hydroxypropylcellulose, and sodium copper chlorophyllin (color)].

**Directions:** Take one to two tablets once daily with food or as directed by your healthcare practitioner.

**This product is non-GMO and gluten-free.**

**Warning:** Do not use if pregnant or nursing. Excess vitamin A may increase the risk of birth defects. Pregnant women and women who may become pregnant should not exceed 3,000 mcg of preformed vitamin A per day.

**Caution:** If taking medications consult your healthcare practitioner before use. Keep out of the reach of children.

**Storage:** Keep tightly closed in a cool, dry place.

<sup>†</sup>As Metafolin®. Metafolin® is a registered trademark of Merck KGaA, Darmstadt Germany