



Serenagen® Traditional Herbal Stress Management Formula*

Form: Tablets

Flavor:

Size: 180 Tablets

Serenagen® is a classic herbal stress management formula based on traditional Chinese medicine.*

Ingredient	Amount Per Serving	% Daily Value
Serving Size	2 Tablets	
Servings Per Container	90	
A 4:1 Proprietary Herbal Extract Blend of:		
Rehmannia Root (<i>Rehmannia glutinosa</i>), Schisandra Fruit (<i>Schisandra chinensis</i>), Jujube Fruit (<i>Ziziphus spinosa</i>), Dong Quai Root (<i>Angelica sinensis</i>), Chinese Asparagus Root (<i>Asparagus cochinchinensis</i>), Ophiopogon Root (<i>Ophiopogon japonicus</i>), Scrophularia Root (<i>Scrophularia ningpoensis</i>), Asian Ginseng Root (<i>Panax ginseng</i>), Chinese Salvia Root (<i>Salvia miltiorrhiza</i>), Poria Fungus (<i>Wolfiporia cocos</i>), Polygala Root (<i>Polygala tenuifolia</i>), Platycodon Root (<i>Platycodon grandiflorum</i>)	1 g	*

Caution: If taking medication consult your healthcare practitioner before use. Keep out of the reach of children.

Storage: Keep tightly closed in a cool, dry place.

*Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value not established.

Other Ingredients: Microcrystalline cellulose, croscarmellose sodium, cellulose, stearic acid (vegetable), silica, magnesium stearate (vegetable), and coating (hypromellose, medium-chain triglycerides, and hydroxypropylcellulose).

Directions: Take two tablets daily or as directed by your healthcare practitioner.

This product is non-GMO, gluten-free, and vegetarian.

Warning: Do not use if pregnant or nursing.