



UltraMeal Cardio 360°[®] Pea/Rice Protein Medical Food

Support for the Nutritional Management of Dyslipidemia

Form: Powder

Flavor: Vanilla

Size: 14 Servings

UltraMeal Cardio 360°[®] is a medical food formulated to provide specialized nutritional support within a nutritional management program for dyslipidemia by supplying a combination of phytosterols, bioavailable xanthohumol from hops (XNT ProMatrix[®]), beneficial macronutrient profile, 5 g of prebiotic isomalto-oligosaccharides, antioxidant nutrients (vitamins C and E), and a proprietary pea/rice protein base with added amino acids. As part of a heart healthy eating plan the addition of 1.8 g/day of plant sterols/stanols has been shown to lead to beneficial changes in LDL cholesterol in individuals with hypercholesterolemia.

Ingredients	Amount Per Serving	% Daily Value
Information per Serving:		
Serving Size	2 Scoops (37 g)	
Servings per Container	14	
Calories	120	
Total Fat	5 g	
Saturated Fat	1 g	
Trans Fat	0 g	
Polyunsaturated Fat	1 g	
Monounsaturated Fat	2.5 g	
Cholesterol	0 mg	
Sodium	130 mg	
Total Carbohydrate	10 g	
Dietary Fiber	6 g	
Total Sugars	1 g	
Includes 0g Added Sugars		
Protein	13 g [†]	
Typical Amino Acid Profile per Serving*		
Amino Acid	mg/Serving	
L-Alanine	590 mg	
L-Arginine***	1,160 mg	
L-Aspartic Acid	1,470 mg	
L-Cystine (Cysteine)***	160 mg	
L-Glutamic Acid	2,210 mg	
Glycine***	540 mg	
L-Histidine**	330 mg	
L-Isoleucine (BCAA)**	810 mg	
L-Leucine (BCAA)**	1,830 mg	
L-Lysine**	1,820 mg	
L-Methionine**	170 mg	
L-Phenylalanine**	720 mg	
L-Proline***	590 mg	

L-Serine***	680 mg	
L-Threonine**	500 mg	
L-Tryptophan**	140 mg	
L-Tyrosine***	530 mg	
L-Valine (BCAA)**	1,150 mg	
Percentage of Reference Daily Intakes (RDI)		
Each Serving Contains:	Amount Per Serving	% RDI
Vitamin D ₃ (as cholecalciferol)	10 mcg (400 IU)	50%
Calcium	150 mg	12%
Iron	3 mg	14%
Potassium	250 mg	5%
Vitamin A (retinyl palmitate)	375 mcg	42%
Vitamin C	30 mg	33%
Vitamin E	5 mg	33%
Thiamin	0.375 mg	31%
Riboflavin	0.425 mg	33%
Niacin	5 mg	31%
Vitamin B ₆	0.5 mg	29%
Folate (as calcium L-5-methyltetrahydrofolate) ^{††}	340 mcg DFE	85%
Vitamin B ₁₂ (as methylcobalamin)	3 mcg	125%
Biotin	75 mcg	250%
Pantothenic Acid	2.5 mg	50%
Phosphorus	280 mg	22%
Iodine	37.5 mcg	25%
Magnesium	80 mg	19%
Zinc	13 mg	118%
Selenium	52.5 mcg	95%
Copper	2 mg	222%
Manganese	2 mg	87%
Chromium	120 mcg	343%
Chloride	220 mg	10%

Plant Sterols ^{††} (including 700 mg beta-sitosterol)	900 mg	+
Alpha-Linolenic Acid (ALA) (from flaxseed)	400 mg	+
Rice Protein Matrix and Polyphenols from Hops (<i>Humulus lupulus</i> L.) Cone Extract (standardized to 2.5% xanthohumol)	250 mg	+

Ingredients: Pea protein isolate, oat hull fiber, rice protein concentrate, high oleic sunflower oil, flaxseed, gum arabic, L-lysine HCl, maltodextrin, phytosterols, L-leucine, silica, magnesium citrate, L-valine, natural flavors, ^ guar gum, rice protein matrix and polyphenols from hops extract, vitamin and mineral blend (zinc gluconate, ascorbic acid, manganese gluconate, d-alpha tocopheryl acetate, copper gluconate, D-biotin, retinyl palmitate, niacinamide, cholecalciferol, d-calcium pantothenate, chromium picolinate, pyridoxine HCl, riboflavin, potassium iodide, thiamin HCl, methylcobalamin, calcium L-5-methyltetrahydrofolate, and selenomethionine), L-isoleucine, dicalcium phosphate, Luo Han Guo fruit (monk fruit) extract, and xanthan gum.

Directions: Blend (for no longer than 15 seconds), shake, or briskly stir about 2 level scoops of UltraMeal Cardio 360[®] (37 g) into 8 ounces of chilled water twice daily, or as directed by your healthcare practitioner. Consume within 10 minutes of reconstitution. You may also blend with ice cubes and/or your favorite fruit.

THIS PRODUCT IS TO BE USED UNDER THE DIRECT SUPERVISION OF A PHYSICIAN OR OTHER LICENSED HEALTHCARE PRACTITIONER. DO NOT ENGAGE IN ANY DIET SUPPLYING LESS THAN 800 CALORIES PER DAY WITHOUT MEDICAL SUPERVISION.

This product is non-GMO and gluten-free.

Caution: This medical food has not been studied in children and pregnant or nursing women. If taking

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



medication or other nutritional supplements, consult your healthcare practitioner before use. For adult use only. Keep out of the reach of children.

Tamper Evident: Do not use if safety seal is missing or broken.

Storage: Keep tightly closed in a cool, dry place.

^No MSG

* Contributed by pea protein, rice protein, added amino acids, and cocoa powder

**Essential amino acid

***Conditionally essential amino acid

[†]15 g total protein with added amino acids: L-leucine, L-isoleucine, L-lysine, and L-valine

^{††}As Metafolin[®]. Metafolin[®] is a registered trademark of Merck KGaA, Darmstadt Germany

^{††}As Reducol[®]. Reducol[®] is a registered trademark of Pharmachem Laboratories

[†]Daily value not established

WARNING: Consuming this product can expose you to chemicals including lead, which are known to the State of California to cause cancer and birth defects or other reproductive harm.

For more information go to

www.P65warnings.ca.gov/food