

# Cyto-Ubiquinol

Give your patients the most active and bioavailable form of coenzyme Q10, delivered in a medium-chain triglyceride base softgel for even better absorption.

GMO Free

Gluten Free

Soy Free

Dairy Free



- Contains the highly active form of coenzyme Q10, which has demonstrated superior absorption. CoQ10 has been studied for its ability to improve cardiovascular conditions such as congestive heart failure and hypertension, as well as Parkinson's disease, male infertility, female infertility, migraines and much more
- Delivered in a MCT-oil softgel

Cyto-Ubiquinol features the active form of coenzyme Q10 (CoQ10). On a cellular level, CoQ10 is necessary for the production of energy within the mitochondria. Classically, CoQ10 has been used as a cardiovascular nutrient capable of improving signs and symptoms associated with congestive heart failure, hypercholesterolemia, hypertension and various cardiomyopathies. Moreover, CoQ10 is known to be depleted in individuals on cholesterol-lowering statin drugs, making this nutrient even more crucial for cardiovascular health.

While CoQ10 is undeniably an important nutrient for optimal heart health, research has confirmed that CoQ10 has application for a wide array of health concerns including male and female infertility, Parkinson's disease, diabetes, migraines and athletic performance. This versatility makes sense because the reproductive system, nervous system and musculoskeletal system demand such high levels of energy, and CoQ10 is able to support the high-energy needs of these systems!

Ubiquinol is a fat-soluble nutrient that has demonstrated superior absorption and bioavailability when compared to its less-active redox partner, ubiquinone. Cyto:Ubiquinol contains 100mg of pure ubiquinol in a medium chain triglyceride softgel for optimal absorption and use within the body.

## Each softgel contains

Ubiquinol ..... 100mg



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### Non-Medicinal Ingredients

Medium chain triglycerides (from coconut oil), purified water, glycerin, silica, iron oxide. Capsule: gelatin.

### Recommended Use Claim

Helps to maintain and/or support cardiovascular health. Helps to reduce the frequency of migraine headaches and associated symptoms such as nausea and vomiting, when taken as a prophylactic.

### Directions of Use

Adults-Take 1 softgel per day with meal or as directed by a healthcare practitioner. For migraine prevention, take 1 softgel 2 times per day.

### Cautions and Warnings

Do not use if safety seal is broken. Consult a healthcare professional prior to use if you are pregnant, breastfeeding, or taking blood pressure or blood thinner medications. Consult a healthcare professional if migraine frequency increases, and associated nausea and vomiting persist or worsen.